

# Round Table Talk about Food

## There Are Many Good Ways In Which To Practice Economy

"When a thing ceases to be a novelty, we forget its benefits and take it as a matter of fact," said the director of the Associate Grocery Manufacturers of America, the other day. We had been talk-

**Date-Ginger Sandwich**  
 1/2 cup dates chopped  
 1/4 cup preserved ginger, chopped  
 1/2 cup lemon juice  
 1 small lady finger

Mix dates and ginger and moisten with enough syrup to spread easily. Add lemon juice and mix well. Separate pairs of lady fingers and spread one-half with filling; cover with other half and sprinkle with powdered sugar.

figs and choice prunes for the everyday breakfast; the packages of assorted shelled nuts all safely protected from staleness by wrappings of cellophane?

We watch very keenly for sales of canned goods from week to week. That same alertness should be extended to sales of packaged goods . . . for price-cutting is just as generous, and you can keep them just as long.

There are so many uses for these foods that we never think of. A delicious fruit-cheese salad, for example, made with a base of lemon gelatin and cubes of cheese, banana and sliced dates. Prune Pop-Eyes made with the dried fruit soaked until slightly softened, then stoned and filled with bursting cottage cheese mixed with nuts.

Light, quick cakes made with cracker crumbs instead of flour, ice-box puddings, too. We may well

**Watercrust Sandwiches**  
 1/2 cup thick sour cream  
 1/2 cup finely chopped watercrust  
 Salt to taste

Mix ingredients and spread generously between two thin slices of bread. No butter is needed for these sandwiches. Chill before serving.

count the cost of this simple recipe and ask ourselves why there isn't always a beautiful fruit cake in the house at this time of the year.

**QUICK FRUIT CAKE**  
 14 graham crackers  
 3/4 teaspoon baking powder  
 1/2 cup mince meat  
 One-third cup sugar  
 4 tablespoons butter  
 3 egg yolks, beaten  
 3 egg whites

Crackers should be crushed and mixed with the baking powder; then add sugar, softened butter and egg yolks. Mix well and fold in whites of eggs, stiffly beaten. Bake in buttered cake pan in moderate oven 35 to 40 minutes.

If there were space we could think up economical recipes made with various packaged goods to more than cheer the disappointed

## Around The Clock With Princess Elizabeth



Here is the daily schedule of ten-year-old Princess Elizabeth who in all probability some day will be queen of Great Britain. Since her father ascended the throne as King George VI, Princess Elizabeth is being groomed for the throne with meticulous care.

director. All we need is a little jogging of the memory, and a few of those little recipebooks which the packers of all sorts of goods are glad to send to us.

## A Good Resolution That May Be Made For The New Year

Instead of giving a dietetic discourse or some special recipe, let me ask the question . . . What kind of a blessing do you say over your food? It will bring such interesting answers, and I hope start a wholesome train of thought for the coming year. Some will answer that the custom of saying grace at the table is not observed in their home. Others will think the question rather personal and recall the exact wording of familiar lines. I do not refer so much to the words as to the spirit of the blessing. Strange as it may seem there are various kinds of blessings said with our meals.

Much of the so-called "indigestion" is brought about by taking food when worried, fatigued or hurried.

I can think of no more commendable New Year's resolution for the housewife than to consider this subject and to try to control it. It is a large order for one person to attempt single handed, and probably she will need to take some one into confidence as an assistant.

There was a time when conversation was considered an art and given more attention than is true today. There was a lovely old custom which prevailed in some families of the past generation whereby subjects for discussion during the meal hour are allotted to the children. Sometimes the child was allowed to choose his subject and present it. All were expected to respond and take a share of the conversation. This was an excellent plan and is responsible for having developed the art of conversation (and responsive listening) in many of our outstanding citizens. This plan kept conversations general and of interest to every one. No child was allowed to monopolize the conversation to recount incidents that would be of interest only to him.

And for a last word to the one who plans the meals—Do your work—then quietly but confidently work your plan, knowing that you are giving your best. If you make an observation that would have improved the meal remember to

use it the next time a like situation arises. Don't waste time in regrets that will not help. There is always the chance that although things seem not perfect as you judge them, no one else has noticed, or you won't help the situation by mentioning it anyway.

Diet is also a subject which has been accorded a far too important place. Personally, I feel that this subject should be absolutely taboo at table.

## PINE BUSH METHODISTS PRESENT GIFT PROGRAM

**Pageant Features Sunday Morning Service at Church**

PINE BUSH — The Methodist Church observed the Christmas season with a "White Gift" program on Sunday evening. A pageant of the birth of the Christ child was presented, followed by the presentation of useful gifts by members of the congregation. These gifts, after the service, were turned over to Town Welfare Officer Charles Crist, for distribution to the needy.

The pageant was presented under the direction of Mrs. Marie Johnson, and the cast was as follows:

Carriers: David Soderblom, Robert Goldsmith, Rorcas Stratton, Virginia Parker, Ruth Howard, Charlotte Soderblom, Dorothy Goldsmith, Adelaide Edmunds, Janet Van Nostrand, Catherine Smith, Hilda Scott, Viola Scott, Aaron Scott, Franklin Scott, Dorothy Rose, Eleanor Rose, Beatrice Cushman, Rose Belle Cushman. Candle lighters: Ethel Soderblom, Jerry Crawford, Dorothy Soderblom, Gladys Decker, Seribes Angelle Parker, and Adele Hunecke Reader. Ethel Van Nostrand; angel Gabriel, Helen Piggot; Mary, Ruth Young; Joseph, Harry Crist; guardian angel, Beatrice Osborne; shepherds, Harry Stratton, Phil Edmunds, Morse Pratt; wise men, Arthur Soderblom, Lester Parker, Russell Soderblom; children of other lands, Leslie Shetley, Roger Shetley, Joyce Van Amburg, Phillips Voelin.

Costumes were in charge of Vir-

**MARKOVITS BROTHERS**

Smoked Meats Groceries      Fruits Vegetables

Fair Store Building      6 East Main      Dial 5218 or 5302

12 E. Main Dial 3215	101 North St. Dial 5163	178 W. Main Dial 3517	Goshen, N. Y. Phone 529
-------------------------	----------------------------	--------------------------	----------------------------

Every Good Wish for a Merry and Bountiful Christmas!  
(Signed) Markovits Brothers.

**THE MOST USEFUL GIFTS**

**Fancy Baskets of Fruit 98c and up**

Fancy Large Cluster GREEN GRAPES 2 lbs. 25c	Roasted PEANUTS 15c lb.	Large Cluster RED GRAPES 3 lbs. 25c
--	----------------------------	--

**Finest Quality Mixed Nuts lb 25c**

Extra Large Indian River ORANGES, doz. 29c	Large Sunkist ORANGES, doz. 29c
--	---------------------------------

**LARGE JUICY SWEET Florida ORANGES doz 19c**

Sweet and Juicy TANGERINES doz. 10c	Seedless GRAPEFRUIT 6 for 25c	Extra Large TANGERINES doz. 19c
--	----------------------------------	------------------------------------

**Fancy Jersey Sweet Potatoes 6 lbs. 25c**  
Selected Even Size for Baking or Candied

**Albany Packing Pure Pork SAUSAGE lb 25c**

Extra Large Paper Shell PECANS lb. 25c 3 lbs. 69c	Large Washed BRAZIL NUTS 2 lbs. 45c	Paper Shell ALMONDS lb. 39c
--	--	--------------------------------

**DIAMOND NO. 1 WALNUTS 2 lbs. 45c**

**New Pitted DATES 2 lbs 25c**

DUFF'S or JEAN'S GINGER BREAD MIX DEVILED FOOD MIX Box 23c	JELL-O ICE CREAM MIX All Flavors 2 cans 19c	Large Blue Plate SHRIMP 2 cans 29c Geisha Brand CRAB MEAT 28c
--	---	--

**Libby's or Beechnut Tomato Juice 4 cans 25c**

Libby's 35c size QUEEN OLIVES 25c jar	35c Jar Large Stuffed OLIVES 29c jar	Rosedale Spanish OLIVES Reg. 15c Bottle 12c
--	---	--

**BEER and ALE** Edling's—Ballantine and Hoffman's      BY THE BOTTLE OR CANS

**THRIFT Mkt.**

"TONY and JOE"

28 East Main St.      Dial 3292      Free Delivery

**WEDNESDAY & THURSDAY**

**FANCY FRESH KILLED TURKEY lb 27c**

**HOME DRESSED Roasting Chickens lb 29c**

**FRESH KILLED FOWLS lb 24c**

**FRESH KILLED DUCKS lb 24c**

**FRESH KILLED GEESE lb 25c**

We carry a complete supply of BUFFALO MEATS for the holidays, imported from the Indian reservations at Montana. This meat is well flavored and considered by many better than beef—it is delicious.

## BASHA GIRLS CLUB PLANS CHRISTMAS PARTY DEC. 30

Westbrookville Group to Meet with Mrs. Ashworth

WESTBROOKVILLE — The Basha Girls Club will hold a Christmas party December thirtieth at the home of Mrs. Chester Ashworth, president. The club also will make several donations for the holiday plans were discussed at a meeting last week at the home of Mrs. Joseph Thomas, Jr.

Mr. and Mrs. Lester Culver and family, and Mr. and Mrs. J. Schlund and daughter, are moving from the Willard acine house to one they recently purchased from Mrs. Charlotte Rughase.

Daniel G. Ashworth and nephew, Chester J. Ashworth, were in Addison, Conn., two days last week.

**ANNOUNCE BIRTH WASHINGTONVILLE**—Mr. and Mrs. Richard Penzell have announced the birth of a son on Sunday, December twentieth. He has been named Richard Penzell, Jr.

gloria Parker, and music in charge of Beatrice Osborne. Helen Decker had charge of properties, and decorations were in charge of Harry Stratton and Russell Soderblom.

Half Dollar Ring Bullet WEST SALEM, Ill.—A half dollar coin saved the life of C. N. Glinther, West Salem postmaster, while hunting near here. Glinther was struck in the chest by a stray bullet. Regaining consciousness, he found the leaden slug flattened against the silver coin in his vest pocket.

**PREMIUM MKT.**

Free Delivery Telephone 3164  
THE COMPLETE FOOD STORES  
75-77 WEST MAIN ST.

**DELAWARE COUNTY MILK-FED TURKEYS ALIVE OR DRESSED**

Special Assorted Chocolates 5-lb 89c	E. & K. PLUM PUDDING 1-lb. 21c	Yankee or White Rose Cranberry SAUCE 2 17-oz. 25c	Fancy Cellophane Wrapped Xmas FRUIT Baskets 69c up
Sny-Fan PUMPKIN Last. can 10c	PAR-T-PAR Fake Dry Ginger Ale Lime RICKEY 3-qt. 25c First dep.	MINCE MEAT 2 9-oz. 19c	Fancy Jello-Wrapped POPPING CORN 2 pkgs. 19c

**Best Fresh Western TURKEYS lb 26c**

Ralsam Xmas TREES 30c up	Creme & Blackwell's PLUM PUDDING 1-lb. can 31c
-----------------------------	---

**Christmas SALE**

**Grand Union Blue Ribbon**

**GRAND UNION**

**TURKEYS**

FANCY FRESH DRESSED YOUNG BIRDS      lb. 25c

**LARGE ROASTING CHICKENS lb. 27c**

FANCY FRESH MILK-FED FOWL      lb. 25c	FRESH DRESSED BROILERS & Fryers      lb. 27c
LONG ISLAND CELERY-FED DUCKLING      lb. 23c	FANCY FATTED GEESE      lb. 23c
SAUSAGE MEAT FRESH MADE      lb. 25c	OYSTERS FRESH FANCY SOLID      doz. 19c

**SMOOTH, FULL-BODIED COFFEE BERMA TRIPLE SEALED 2 1 lb. tins 45c**

**NUTS DIAMOND WALNUTS FANCY MIXED NUTS JUMBO PAPER SHELL PECANS lb. 23c**

**GRAND UNION MINCE MEAT 3 9 oz. pkgs. 25c**

CLICQUOT CLUB GINGER ALE PLUS DEPOSIT 3 pt. btl. 25c	CALIMYRNA FIGS 3 8 oz. pkgs. 25c	STEWING FIGS 2 lb. pkg. 29c
---	-------------------------------------	--------------------------------

**CAMPBELL'S TOMATO SOUP 4 cans 25c**

**GRAND UNION FANCY CORN GOLDEN BANTAM 2 No 2 cans 25c**

**GRAND UNION PORTO RICAN GRAPEFRUIT 2 No 2 cans 25c**

Fresh Produce Specials

**CRANBERRIES CAPE COD lb 19c**

Jumbo Celery Hearts 2 lbs. 23c	Fair Water Oranges 12-39c	Calf Emerald Grapes 10c
Golden Bantam Sweet Potatoes 3 lbs. 10c	Onions 2 lbs. 13c	Turnips 4 lbs. 9c

All Grand Union Stores Will Remain Open Wednesday and Thursday Evening, December 23rd and 24th Until 9 P. M.

**GRAND UNION**